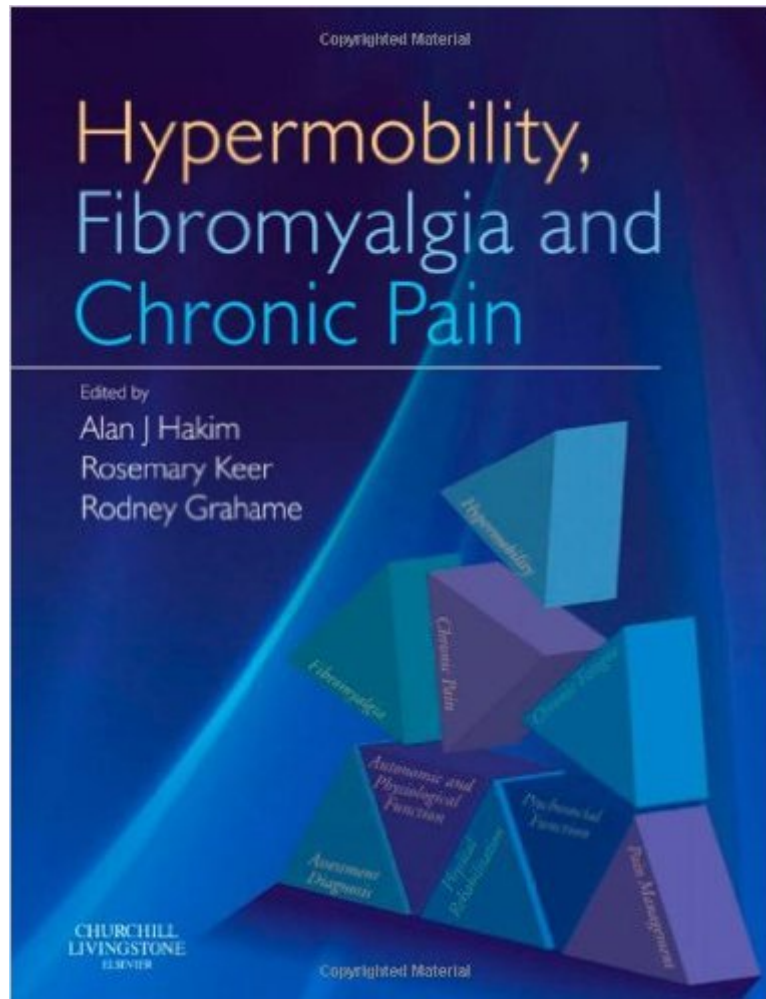


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# Hypermobility, Fibromyalgia And Chronic Pain, 1e



## Synopsis

This groundbreaking new text explains and documents the scientific basis of chronic pain in Joint Hypermobility Syndrome (JHS) and other heritable disorders of connective tissue from the physiological, epidemiological, genetic and clinical viewpoints. It asks the reader to consider the possibility of JHS, identify it clinically, understand its co-morbidities, including interdependencies with Fibromyalgia and Chronic Fatigue Syndrome, while managing the condition appropriately. Hypermobility, Fibromyalgia and Chronic Pain takes a multi-specialty and multidisciplinary approach to understanding JHS and its management, drawing together expertise from a broad group of internationally-recognized authors. The book is split into two sections. Section 1 deals with the clinical manifestations of JHS and Fibromyalgia, their epidemiology and pathophysiology. Section 2 covers clinical management. Here the reader will find chapters covering pharmacotherapeutics, psychotherapy and physical therapies that address the needs of patients from childhood to adulthood. It is hoped that Hypermobility, Fibromyalgia and Chronic Pain will advance knowledge of therapies and provoke further research while stimulating interest and encouraging debate. Comprehensively relates practical therapy to the nature of the underlying pathology. Covers in one single text both the scientific and practical management aspect of Joint Hypermobility Syndrome and its allied pathologies. Contributions from over 30 leading international experts. Multidisciplinary approach will support all health professionals working in this field.

## Book Information

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## Customer Reviews

This volume is simply jam packed with a vast collection of all the good stuff: scholarship and science, passion and compassion, progressive thinking, hands-on shared expertise, techniques for caregivers, affirmation and clarity for patients, tables, diagrams, some pictures, with acknowledgement & discussion of subjects often misunderstood or under-reported as, for example, dysautonomia can be. I have to say I'm a fan. Could it be because I have generalized joint hypermobility from a heritable disorder of connective tissue? You bet. That I also have dysautonomia, an 'iffy' neck, multiple surgeries on joints to help with early osteoarthritis? Absolutely. Maybe because I would not accept, 'your problem must be psychological as everything here's looking normal' from a respected medical center? Yup again. This group of authors and those that dedicate their lives to the care of patients with rare-ish disorders of connective tissue - the invisible disorders to the untrained eye often enough - to me are heroes. We only have one short life to live and when I think of the pain and sorrow of the array of people throughout the globe that suffer severe debilitating chronic pain, some flexible as a gymnast, that look 'never sick a day in their life' I could cry. Yet these men and women and the clinicians mentioned throughout the book have spent their own very precious lives helping those with hypermobility....furthermore teaching other medical caregivers that they too can improve the quality of patients lives. It all begins with recognition. If you don't know to look for it - well how can any hope of understanding and treatment ensue?

I bought this book in early 2012 as I was succumbing to a so-called "storm" or "cascade" of onset of Hypermobility type Ehlers-Danlos Syndrome that took me from walking to wheelchair in two weeks at 45. My LMT tipped me off to hypermobility, and a fellow patient on a Yahoo list-serve tipped me off to that being part of Ehlers-Danlos Syndrome with which I was subsequently diagnosed in February 2012. After 25 years of misdiagnosis and dismissal by too many doctors to count, I was eager to get my hands on everything I could read about it. This book is a consummate medical guide to this incredibly painful, systemic and hard to diagnose condition resulting from a collection of genetic collagen defects. Drs. Hakim, Grahame and Keer lay out the medical and physical signs and manifestations in clear medical terms best for informing their fellow doctors. But determined patients can benefit from reading it too with google or a medical dictionary handy to translate a bit. Dr. Brad Tinkle's second edition book is a quicker and easier read for the layman or patient or busy doctor lacking time to drill down. That said, the book is becoming a bit dated, as research and study of Hypermobility and Ehlers-Danlos Syndromes steadily advances and the consensus grows around calling Hypermobility Syndrome, Joint Hypermobility Syndrome and Benign Joint Hypermobility Syndrome (quite passÃ©) all Hypermobility EDS now. (Not to be confused with the more rare but

more easily defined and diagnosed 5 other types of EDS which also now have distinct tissue markers available for diagnostic laboratory testing). Leading experts including Dr.

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